

# 甜柿 Sweet Persimmon

【主要產地】：五峰鄉、尖石鄉	<b>Major Production Area :</b> Wufong Township, Jianshih Township
【主要產期】：10 ~ 12月 (9月中旬 ~ 11月)	<b>Major Production Period :</b> October to December (Mid-September to November)



## 產銷單位、訂購專線

鄉鎮別	產銷單位	聯絡單位(農場)	訂購專線
五峰鄉	五峰鄉果樹產銷班	竹東地區農會推廣股	03 - 5953072
尖石鄉	尖石鄉果樹產銷班	尖石鄉公所農業課	03 - 5841001

## Production & Marketing Organizations and Phone Line Purchases

Where Location	Production & Marketing Organizations	Contacts	Phone Line Purchasing
Wufong Township	Fruit Tree Production and Marketing Squad, Wufong Township	Promotion Section, Farmers Association of Jhudong Area	03-5953072
Jianshih Township	Fruit Tree Production and Marketing Squad, Jianshih Township	Agricultural Section, Jianshih Township Hall	03-5841001

### 📌 產品特色

甜柿由日本引進栽培成功，目前本縣栽培品種以「富有」及「次郎」為主。甜柿成熟後，可溶性單寧降至0.5%以下，不需脫澀處理，即可直接食用，節省採收後處理的勞力甚多，加上果形大、果色佳、甜脆多汁，與澀柿自然形成區隔，成為山地鄉新興產業。甜柿貯藏太久果實雖然會軟化，但仍具有極佳的風味。

### 📌 選購指南

選購柿子要注意果皮光滑顏色亮麗，沒有黑褐色斑點，沒有蛀痕，硬實沈重的較好。

### 📌 食用方式

以生食為主。

### 📌 營養成份

甜柿含豐富葡萄糖、蔗糖、果糖，尤其「甜柿」每百公克，維生素A、C含量，幾乎是水果類之冠，常吃能養顏美容，增強視力。

### 📌 Product Features

Sweet persimmon is cultivated from seeds imported from Japan. Species cultivated in this county at present primarily cover the “fuyu” and “chilong” varieties. Once the sweet persimmon is ripe it is ready for immediate eating; as the soluble tannic acid is below 0.5% it has no astringent taste. This saves quite a bit if after-collection handling is required. This is a newly emergent industry in the mountain areas. The shape is generally large with good-looking color; It is crispy, crunchy and juicy; obviously different from the usually astringent persimmon. Despite a relatively long period of storage when the fruit tends to soften, the flavor remains good.

### 📌 Pointers for Purchase

Pick up one that is smooth, shiny with a full color. But be sure there are no black or brown spot or traces of insect bite. The best sweet persimmons are the more solid ones.

### 📌 Preparation Methods with all

Eat raw.

### 📌 Nutritional Value

Sweet persimmon contains glucose, fructose, and sucrose. The fruit has more Vitamin A+C per hundred grams than any other fruit. If eaten frequently, it helps beautify skin and enhance vision.