

# 有機米 Organic Rice

【主要產地】：竹東鎮

Major Production Area : Jhudong Township

【主要產期】：6 ~ 7月、11 ~ 12月

Major Production Period : June to July; November to December



## 產銷單位、訂購專線

鄉鎮別	產銷單位	聯絡單位(農場)	訂購專線
竹東鎮	軟橋有機米產銷班	邱木全	03-5960437

## Production & Marketing Organizations and Phone Line Purchases

Where Location	Production & Marketing Organizations	Contacts	Phone Line Purchasing
Jhudong Township	Soft Bridge Organic Rice Production and Marketing Squad	Chiu Mo-chuan	03-5960437

### 📄 產品特色

有機米是一種完全不用化學肥料和化學農藥之生產方式並與一般稻穀分開碾製、貯存及包裝。因此食味品質極優、有機米是採自然的方式栽種，所以煮後的米飯散發出自然的風味。

### 📄 選購指南

有機米包裝上應貼有「有機米認證標章」及標示有各區農業改良場及農會輔導字樣及詳細註明品種及產地。

### 🏠 食用方式

除直接炊煮之外，並可做成各種不同的米製副食品。

### 📄 營養成份

米含有醣類、蛋白質、脂肪是人體活力的主要來源及礦物質、維生素B、維生素E等營養素和豐富的膳食纖維。

### 📄 Product Features

Organic rice is free of chemical fertilizers and chemical pesticides. The production method is different from ordinary rice in grinding, storage and packaging. As a result, the quality of organic rice is superior. Organic rice is cultivated in a natural way and after cooking, it is permeated with natural flavor.

### 📄 Pointers for Purchase

There should an “organic certification label” on the packaging. The label displays the reference number, species used, and location of production along with the name of the reformed farm and the assistant farmers association.such as.....

### 🏠 Preparation Methods with all

Apart from cooking, organic rice can be used to make different rice-made by products.

### 📄 Nutritional Value

Rice contains saccharide, protein, and fat, which are primary nutritional requirements. In addition, rice contains minerals, Vitamin B, Vitamin E and is also rich in fiber.