特用作物

# 蜂產品 Bee Products

【主要產地】: 新竹縣 Major Production Area: Hsinchu County

【主要產期】:全年 Major Production Period: All year round



#### 產銷單位、訂購專線

	鄉鎮別	產銷單位	聯絡單位(農場)	訂購專線
l	新竹縣	養蜂產銷班	新竹縣農會	03 - 5921018

#### **Production & Marketing Organizations and Phone Line Purchases**

Where Location	<b>Production &amp; Marketing Organizations</b>	Contacts	<b>Phone Line Purchasing</b>
Hsinchu County	Bee-keeping Production and Marketing Squad	Farmers Association of Hsin-chu County	03-5921018

# ⋒ 產品特色

蜜蜂除可生產蜂蜜之外,尚可生產蜂王 漿、蜂臘、花粉及蜂蜜醋等,均極富營 養價值,蜂蜜遇冷很容易結晶,故不宜 放入冰箱,只需儲放於陰涼處即可,雖 然結晶但不會變質。蜂蜜中含有許多對 於防止疾病有效的抗氧化物質,而且顏 色較深的蜂蜜所含的含量多於顏色淺 的。

# 員 選購指南

將蜂蜜的瓶子上下倒轉幾次,若泡沫多 則表示水分多,反之泡沫少則蜂蜜越 好。純蜂蜜加入溫水中拌勻會有濃郁天 然花果香氣,添加果糖之蜂蜜氣味則明 顯較差。

# ⊚ 食用方式

食用時可以冷、溫開水或冰開水,沖泡 至個人所喜愛的甜度飲用或加入牛奶、 咖啡或果汁中,飲用風味更加。

# ● 營養成份

蜂蜜內的葡萄糖及果糖非常豐富能被腸 胃直接吸收,所以能減輕消化的負擔。

## Product Features

Apart from the honey bee products also include royal jelly, beeswax, honey wax, pollen, and honey vinegar, all with a high nutritional value. When it is cold, honey crystallizes. Therefore, it is not necessary to store honey in the refrigerator. Just keep it in a cool place. Honey contains antioxidants; the darker the color, the more it contains.

# Pointers for Purchase

Shake the honey bottle few times up and down. If you see more bubbles than expected, it means the water content is high; the less bubbles, the better the honey. Once poured into warm water, it emits a natural fragrance like flowers whereas the odor of honey with added sugar tends to be a bit inferior.

## Preparation Methods with all

Pour into cold, lukewarm water or hot water and add milk, coffee or juice as desired. The taste is refreshing and wonderful.

## Nutritional Value

Honey contains glucose and fructose, which can be easily and quickly absorbed into the body. Honey aids digestion.