

水蜜桃 Peaches

【主要產地】：五峰鄉、尖石鄉

Major Production Area : Wufong Township, Jianshih Township

【主要產期】：6 ~ 8月

Major Production Period : June to August



產銷單位、訂購專線

鄉鎮別	產銷單位	聯絡單位(農場)	訂購專線
五峰鄉	五峰鄉果樹產銷班	竹東地區農會推廣股	03 - 5953072
尖石鄉	尖石鄉果樹產銷班	尖石鄉公所農業課	03 - 5841001

Production & Marketing Organizations and Phone Line Purchases

Where Location	Production & Marketing Organizations	Contacts	Phone Line Purchasing
Wufong Township	Fruit Tree Production and Marketing Squad, Wufong Township	Promotion Section, Farmers Association of Jhudong Area	03-5953072
Jianshih Township	Fruit Tree Production and Marketing Squad, Jianshih Township	Agricultural Section, Jianshih Township Hall	03-5841001

📄 產品特色

果實至收穫期均受套袋保護，不受農藥等污染物污染，為最清潔安全之高級水果，皮薄甜美多汁風味極佳。古時列為「五果」珍品之一，有省產水果之王名譽。成熟度高的水蜜桃質地非常柔軟，必須放在冰箱中以紙或保鮮膜包裹，才能避免水蜜桃乾皺。

📄 選購指南

果粒大而飽滿，無壓傷，果色鮮美，香氣濃、熟度及糖度高者為上品。

🏠 食用方式

成熟度夠的水蜜桃可以撕去皮表直接生食，也可製果汁、果罐、果酒。

👆 營養成份

含豐富醣類、纖維、維生素A、B、C、鈣、鎂等營養成份，水蜜桃性溫熱、味甘酸、生津。

📄 Product Features

Peaches are a mild fruit with a sweet taste. Once picked, peaches are stored in bags until they are ripe. It is the safest and hygienic fruit in its class. The skin is thin and the flesh is sweet and juicy. In ancient times, the peach was one of the five sacred fruits. These days it is the king of provincial fruit products. When peaches are very ripe they must be refrigerated and covered with plastic wrap so that they do not wrinkle or dry out.

📄 Pointers for Purchase

Large and full without blemishes is ideal. Good peach should also be ripe with a high sugar content.

🏠 Preparation Methods with all

Peel off the skin and eat the fruit fresh when it is ripe. Also use the fruit to make juice, jam or wine.

👆 Nutritional Value

The fruit contains plenty of nourishment such as saccharides, fiber, Vitamins A、B、C, calcium, and magnesium.